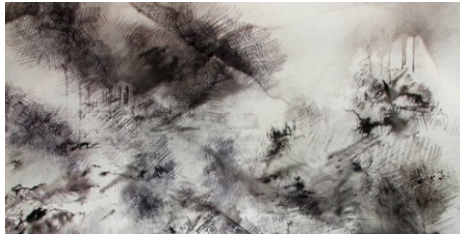


# the fresh sheet



**TOURISM HARRISON  
HOT SPRINGS**

Find Nature... Just up the Road



## **The Ranger Station Art Gallery Presents: Fraser Valley Regional Biennale March 2nd - 31st**

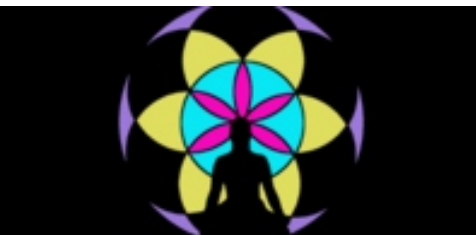
Planned by The Reach Gallery Museum Abbotsford in partnership with the Kent Harrison Arts Council and other regional arts organizations, the **Fraser Valley Regional Biennale** is a dynamic, collective representation of exceptional artwork produced by artists in the Fraser Valley region over the past two years.

Opening Reception:  
Sunday March 3rd 2pm - 4pm  
Phone: 604-796-2723  
[www.kentharrisonartscouncil.com](http://www.kentharrisonartscouncil.com)

## **Harrison Welcomes a New Business Partner: Bhima Yoga & Spiritual Centre**

Offering daily classes, Hatha Yoga, Meditation and Mantra, Yin & Restorative Yoga, Workshop and Adventure Yoga.

298 Lillooet Avenue  
Phone: 1-888-379-4448  
[www.bhima.ca](http://www.bhima.ca)



## **The Harrison Arts Festival Presents: Early Spirit Saturday, March 16th 8:00pm**

Tickets: Adult \$25.50  
Early Spirit is Will Chernoff (bass), Gabriel Dubreuil (violin), Ben Kelly (drums), and Jay Knutson (guitar). At almost every performance, fans ask "Are you a family band?" But these four sons of Vancouver, BC are related only by music, and they're proud to release Early Spirit's first album, Unrelated.  
Phone: 604-796-3664  
[www.harrisonfestival.com](http://www.harrisonfestival.com)



## **The Garden House Fat Paint Workshop Saturday March 9th 12:30 - 3:00pm**

\$80.00/pp all supplies included.  
To register, please e-mail [judy@gardenhousebc.ca](mailto:judy@gardenhousebc.ca)  
Home Decor, Furniture, Baby Items, Kitchenware, Paper Products, Skincare & much more!  
Phone: 794-9884  
[www.facebook.com/pg/TheGardenHousebc](https://www.facebook.com/pg/TheGardenHousebc)



## **The Harrison Beach Hotel Invites you for: Paint Night Friday March 22nd 7 - 9pm**

It's time to let your inner artist out. Join us for a step-by-step painting class, with instruction from "Art by Angie". Pair that with a glass of wine and snacks for a great night out. Reservations required.  
Reserve your seat today \$55/Adults  
Phone: 604-796-1111 Ext, "0"  
[www.harrisonbeachhotel.com](http://www.harrisonbeachhotel.com)  
<https://www.facebook.com/events/1661024370709548/>

## **Circle Farm Tour**

As we head into Spring, it's a great time to visit some of the stops on the Circle Farm Tour...

**Farmhouse Natural Cheeses** is open Monday thru Saturday from 10am - 5pm.

**The Back Porch** is open Thursday thru Sunday from 10am - 5pm.

**Earthwise Society Agassiz Farm** is open daily 9am - 5pm.

For amazing Farm to Table food, be sure to check out **Muddy Water's** seven days a week from 9am.

And for the sweetest, freshest produce, bakery products, specialty groceries and organics visit **Agassiz Produce** Monday thru Saturday 8:30am - 6pm.

Stop at the Visitor Centre for the Circle Farm Tour brochure!

**MARCH 2019**

for complete event info contact  
**604.796.5581** or visit  
[WWW.TOURISMHARRISON.COM](http://WWW.TOURISMHARRISON.COM)