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Exploring The Hidden Gems Of The Fraser Valley

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I love exploring new places. Harrison Mills and Harrison Hot Springs were wonderful new places I recently explored.

Harrison Mills is home to British Columbia's Heritage [Kilby Museum](#) and Campground. Beautiful rural scenery, with an amazing farm to table food scene and warm and welcoming locals.

Harrison Hot Springs is known for their world famous hot springs and picturesque views of Harrison Lake. Nestled in among southwestern British Columbia's mountains. This is the place to visit if you are looking to relax, take in nature and enjoy the local cuisine.

Drive the Scenic 7 - Mighty Fraser Country

This gorgeous scenic drive will take you to Harrison Mills and Harrison Hot Springs. Along the route discover many visitor attractions that offer a wide variety of experiences ranging from world-class sturgeon fishing to farm fresh shopping and championship golf courses. Experience the rich history and culture of the many communities at National Historic Sites and unique First Nations attractions.

Harrison Mills

Located on the Harrison River with a scenic golf course, [Club House Restaurant](#), cozy cottages and an inn filled with beautiful antiques, [Rowena's Inn on the River](#) is a must see and the place to stay in Harrison Mills. This is the perfect spot for a weekend getaway.

[Sandpiper Golf Course](#) is known as one of BC's best resort courses. This golf course is also known for its adventure packages, and is consecutively voted the #1 golf course in the Fraser Valley.

[Kilby Historic Site](#) is a 1920s living history site. They have a 1906 general store museum, post office and the Manchester House Hotel. You can enjoy a piece of their famous pie, costumed interpreters, children's activities and a working heritage farm.



Harrison Hot Springs

At the most southern point of Harrison Lake, the [Harrison Hot Springs Resort & Spa](#) has been welcoming guests for nearly 125 years. The soothing mineral pools are a highlight of the resort experience. There is also a Healing Springs Spa, tranquil gardens, and beautiful views.

Offering scenic boat tours of Harrison River, [Harrison Eco Tours](#) know the best fishing spots, offer a warm and welcoming boating experience and spectacular views of the river. Located on the waterfront, [Muddy Waters](#) is family run cafe that uses fresh, local ingredients to create a unique dining experience. From locally roasted coffee, to cheeses from Agassiz, Muddy Waters is a local foodie destination!

Situated on the Esplanade with wonderful views of the beach, [Morgan's Bistro](#) offers a wonderful selection of creative west coast entrees with great daily specials.

[Shoreline Tours](#) offers a two-hour tour, the Laroan charts a course along the lake's west side, floating past the green waters of Echo Bay, the towering rock formations of Echo Island, and the cold cascades of Rainbow Falls. The tour includes light commentary, food and beverage options, and concludes with a cruise past Sasquatch Provincial Park.



A Few Ideas to Explore Harrison Hot Springs

Spirit Trail is a short walk through a beautiful cedar forest that is very accessible from the Village of Harrison Hot Springs. What makes this trail so special is that a local resident and artist has decorated many of the cedars along the trail with beautiful masks.

The [Heritage Walk](#) is a pleasant walk takes you back through time, past historical buildings and landmark moments in Harrison Hot Springs history. It starts at the Visitor Centre and gives a great overview of Harrison Hot Springs.

For more ideas visit: www.tourismharrison.com/Play

Your suggestions are always welcome, as I continue on my journey to live life to the fullest. Let's explore some wonderful places and have the very best 2016!

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